POSTTRAUMATIC STRESSDISORDER:

Biological, Clinical, and Cultural Approaches to Trauma's Effects

SPONSORED BY:

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The Brain Research Institute

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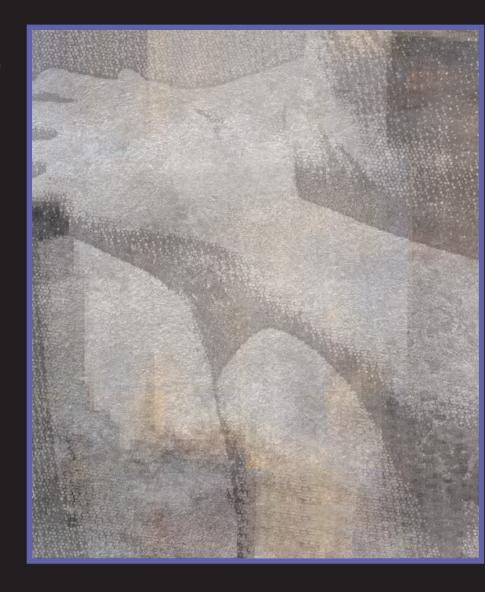
The Anxiety Project

The Center for History, Culture, and Neuroscience

The Graduate Division

in cooperation with UCLA Extension





Thursday-Sunday, December 12-15, 2002 on the UCLA Campus



Biological, Clinical, and Cultural Approaches to Trauma's Effects

CONFERENCE CO-CHAIRS:

Robert Lemelson, PhD Allan Tobin, PhD

CONFERENCE OBJECTIVES:

This conference addresses the profound effects of traumatic experiences, which persist long after the horrifying events themselves. The tragedy of September 11, 2001 testifies to this and underscores the importance of understanding the ways in which trauma shapes and is shaped by our culture and biology.

Integrating cultural, clinical, and biological perspectives, the conference explores posttraumatic stress disorder (PTSD) and other human responses to traumatic events. The goal is to encourage the sharing of knowledge and methods in an effort to create broader, more integrative models of PTSD and other disorders whose complex sociocultural and biological determinants defy any single approach.

Following an evening address by former New York City Mayor Rudolph Giuliani, the three-day symposium thoroughly examines trauma's effects by focusing on neurobiological, psychiatric, anthropological, and historical levels of analysis. Day 1 explores both the concept of and human response to trauma. Day 2 examines trauma's effects on development, future vulnerability to psychopathology, and culture. Day 3 focuses on therapeutic issues and, more generally, on individual and sociocultural dimensions of trauma.

Each day includes presentations from scientists, clinicians, clinical researchers, anthropologists, and historians. In addition, several New York City officials who dealt with the effects of 9/11 discuss some of the formidable public policy and public health challenges of such disasters. Each day, speakers also participate in an open roundtable discussion to integrate the different perspectives of the day and answer questions from the audience.

The conference also includes a poster exhibit featuring recent research on trauma. We encourage scholars at all levels and from all disciplines to submit abstracts.

PROGRAM

THURSDAY EVENING, DECEMBER 12

7:30-8:30 pm

Leadership in Difficult Times

FORMER NEW YORK CITY MAYOR RUDOLPH GIULIANI

Former Mayor Giuliani's address provides specific context for the importance of understanding and addressing trauma's effects. On September 11, 2001, Mayor Giuliani brought strength and stability to the citizens of New York at a time of great trauma.

At Royce Hall, UCLA

Open to the general public. See "Fees" for single event ticket information.

FRIDAY, DECEMBER 13

8:00-8:10 am

Opening Remarks

CLAUDIA MITCHELL-KERNAN, Vice Chancellor, UCLA Graduate Studies and Dean, Graduate Division

8:10-8:30 am

Introduction

ROBERT LEMELSON, PhD, President, The Foundation for Psychocultural Research; Lecturer, Department of Psychology, UCLA

ALLAN TOBIN, PhD, Director, The Brain Research Institute, UCLA

8:30-11:00 am

Overview: PTSD Clinical Phenomenology

Chair:

DAVID KINZIE, MD, Professor, Department of Psychiatry, Oregon Health and Science University; Director, OHSU PTSD Clinic; Director, Torture Treatment Center of Oregon

The Multiple Effects of Severe Psychic Trauma: Cultural and Clinical Implications

DAVID KINZIE, MD

Neurobiology and Treatment of PTSD

J. DOUGLAS BREMNER, MD, Associate Professor, Departments of Psychiatry and Radiology; Director, Emory Center for Positron Emission Tomography, Emory University Hospital

The Etiology of Posttraumatic Symptoms

MARDI HOROWITZ, MD, Professor, Department of Psychiatry, UC San Francisco

From Fear and Horror to PTSD: What Determines the Longitudinal Course of Early Stress Responses?

ARIEH SHALEV, MD, Chair, Department of Psychiatry, Director and Founder of the Center for Traumatic Stress, Hadassah University Hospital, Jerusalem, Israel

Cognitive Behavioral Treatments for PTSD

EDNA FOA, PhD, Professor of Clinical Psychology in Psychiatry; Director of the Center for the Treatment and Study of Anxiety, University of Pennsylvania

Discussion

11:15 am-12:45 pm

Neurobiological Aspects of Fear, Anxiety, and Trauma

Chair

MICHAEL FANSELOW, PhD, Professor, Department of Psychology, UCLA

Role of the Amygdala vs. Bed Nucleus of Stria Terminalis in Fear and Anxiety

MICHAEL DAVIS, PhD, Robert W. Woodruff Professor of Psychiatry and Behavioral Sciences, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine

Sex- and Hemisphere-Related Influences on Emotionally Influenced Memory

LAWRENCE CAHILL, PhD, Assistant Professor, Department of Neurobiology and Behavior, UC Irvine

Neurobiological and Neuroethological Perspectives on Fear and Anxiety

MICHAEL FANSELOW, PhD

Discussion

12:45-2:00 pm Lunch

Break

PROGRAM

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2:00-4:00 pm

Cultural Constructions of Trauma

Chair:

LAURENCE KIRMAYER, MD, Professor and Director, Division of Social and Transcultural Psychiatry, McGill University

Human Resilience and Adaptive Aspects of PTSD: An Anthropological and Evolutionary View

MELVIN KONNER, MD, PhD, Samuel Chandler Dobbs Professor of Anthropology, Emory University

Failures of Imagination: The Refugee's Predicament

LAURENCE KIRMAYER, MD

Traumatic Pasts: Conceptual and Analytical Lessons from the Medical History of Psychotrauma

MARK STEPHEN MICALE, PhD, Associate Professor, Department of History, University of Illinois at Urbana-Champaign

Is Traumatic Memory Synonymous with Posttraumatic Stress Disorder?

ALLAN YOUNG, PhD, Professor of Anthropology, Departments of Social Studies of Medicine, Anthropology, and Psychiatry, McGill University

Discussion

4:00-6:00 pm

Interdisciplinary Roundtable—1

Moderator:

ROBERT PYNOOS, MD, MPH, Professor of Psychiatry, Department of Psychiatry and Biobehavioral Sciences, UCLA; Co-Director of the National Center for Child Traumatic Stress; Director of the UCLA Trauma Psychiatry Service

6:00-6:30 pm

Reception

6:30-7:00 pm

Opening Address

DENNIS CHARNEY, MD, Chief of the Mood and Anxiety Disorder Research Program and the Experimental Therapeutics and Pathophysiology Branch, National Institute of Mental Health

SATURDAY, DECEMBER 14

8:30-10:30 am

The Persistent Biological Effects of Early Experience

Chair:

EMERAN MAYER, MD, Professor of Medicine and Physiology, David Geffen School of Medicine at UCLA; Director of the UCLA/CURE Neuroenteric Disease Program and the UCLA Mind-Body Collaborative Research Center

How Genetic Factors Can Interact with Early Experiences to Shape Stress Reactivity in Rhesus Monkeys

STEPHEN SUOMI, PhD, Chief of the Laboratory of Comparative Ethology, National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH)

Maternal Care, Gene Expression, and Vulnerability for Affective Illness

MICHAEL MEANEY, PhD, Professor, Department of Psychiatry, McGill University; Associate Director (Research), Douglas Hospital Research Centre

Somatic Manifestations of Posttraumatic Stress

EMERAN MAYER, MD

Discussion

Break

10:45 am-12:45 pm

Trauma's Impact on the Self, Family, and Social Networks: An Overview with Examples from the World Trade Center Tragedy

Chair:

BESSEL VAN DER KOLK, MD, Professor, Department of Psychiatry, Boston University; Clinical Director, The Trauma Center, HRI Hospital, Brookline, Mass.

Understanding Intergenerational Effects of Trauma from a Psychological and Biological Perspective

RACHEL YEHUDA, PhD, Professor of Psychiatry; Director of the Traumatic Stress Studies Division, Mount Sinai School of Medicine and Bronx Veterans Affairs Medical Center

The Effects of Trauma on the Self

BESSEL VAN DER KOLK, MD

The Impact of the World Trade Center Attacks on New York City Police Officers

CHARLES MARMAR, MD, Vice Chair and Professor of Psychiatry, UC San Francisco; Chief of Mental Health Services, San Francisco VA Medical Center

Reflections on Managing Trauma following the World Trade Center Attacks

RICHARD SHEIRER, former director, New York City's Emergency Management Unit ROSEMARIE O'KEEFE, former commissioner, New York City Mayor's Community Assistance Unit

Discussion

12:45-2:00 pm Lunch

2:00-4:00 pm

Trauma's Effects across Cultures

Chair: NANCY SCHEPER-HUGHES, PhD, Professor, Department of Anthroplogy UC Berkeley

Religion and Spirituality after Trauma

JAMES BOEHNLEIN, MD, Professor, Department of Psychiatry, Oregon Health and Science University; Associate Director for Education, Department of Veterans Affairs, Northwest Network Mental Illness Research, Education, and Clinical Center

Ritual Initiation, Normative Trauma, and Social Suffering: The Divergent Cultural Model of New Guinea

GILBERT HERDT, PhD, Program Director, Human Sexuality Studies Program, San Francisco State University

Cambodia's Shadow: Violence and Trauma in the Khmer Rouge Genocide

ALEX HINTON, PhD, Assistant Professor, Department of Sociology and Anthropology, Rutgers University

Un-Doing: The Politics of Suffering, Trauma, Resentment, and Forgiveness in the New South Africa

NANCY SCHEPER-HUGHES, PhD

Discussion

4:00-6:00 pm

Interdisciplinary Roundtable—2

Moderator: ROBERT LEMELSON, PhD

SUNDAY, DECEMBER 15

8:30-10:00 am

The Biology of Behavior Therapy— Extinction of Fear

Chair: MARK BARAD, MD, PhD, Assistant Professor, Department of Psychiatry and Biobehavioral Sciences, UCLA

Context, Ambiguity, and Unlearning: Sources of Relapse after Behavioral Extinction

MARK E. BOUTON, PhD, Professor, Department of Psychology, University of Vermont

Learning Not to Fear: The Medial Prefrontal Cortex and Extinction of Conditioned Fear

GREGORY QUIRK, PhD, Associate Professor, Department of Physiology, Ponce School of Medicine, Ponce, Puerto Rico

Learning to Feel Safe: Different Rules, Different Molecules

MARK BARAD, MD, PhD

Break

10:15 am-12 noon

Trauma's Impact on Society and Culture

Chair:

ROBERT PYNOOS, MD, MPH

Title to be announced

ROBERT PYNOOS, MD, MPH

Title to be announced

BYRON GOOD, PhD, Professor of Medical Anthropology, Department of Anthropology, Harvard University; Chair, Department of Social Medicine, Harvard Medical School

Concluding Address

ROBERT JAY LIFTON, MD, Visiting Professor of Psychiatry, Harvard Medical School and Cambridge Hospital

Discussion

12 noon-1:00 pm Lunch

1:00-2:00 pm

Interdisciplinary Roundtable—3 (Conclusion)

Moderator: ALLAN TOBIN, PhD

2:00-2:15 pm

Closing Remarks

ALLAN TOBIN, PhD

CONFERENCE ORGANIZING COMMITTEE:

MARK BARAD, MD, PhD JOEL BRASLOW, MD, PhD, Associate Professor, Departments of Psychiatry and Biobehavioral Sciences and History, UCLA

FAWZY I. FAWZY, MD, Associate Director, The Neuropsychiatric Institute; Medical Director, The Neuropsychiatric Hospital; Executive Vice Chair, Department of Psychiatry and Biobehavioral Sciences, UCLA

ERIC FRIEDBERG, Conference Consultant

MARVIN KARNO, MD, Professor Emeritus, Department of Psychiatry and Biobehavioral Sciences, UCLA

JEROME LANCE, MD, Medical Director for Education and Training, Ventura County Behavioral Health Department, Ventura, California ROBERT LEMELSON, PhD

ROBERT LEMELSON, PhD ROBERT PYNOOS, MD, MPH ALLAN TOBIN, PhD

THE FOUNDATION FOR PSYCHOCULTURAL RESEARCH was founded in 2000 by a gift from Robert Lemelson. The Foundation supports and advances theoretical, empirical, and methodological interdisciplinary approaches at the intersection of the basic sciences, psychiatry, psychology, linguistics, and anthropology through educational programs, fellowships, grants, and symposia. By supporting such interdisciplinary work, the Foundation seeks to better understand the ways in which our biology and culture interact in the creation of illness.

THE UCLA BRAIN RESEARCH INSTITUTE (BRI) is an organized research unit within the David Geffen School of Medicine at UCLA, with over 225 scientist members, including faculty and researchers in departments throughout UCLA as well as in other institutions.

THE UCLA NEUROPSYCHIATRIC INSTITUTE (NPI) is UCLA's multi-disciplinary institute of human neuroscience, providing leadership in the study and treatment of disorders of human behavior, the brain, and the mind.

THE UCLA ANXIETY PROJECT is a collaboration between general scientists, brain imaging scientists, and clinical researchers at UCLA and is designed to facilitate an understanding of the mechanisms underlying anxiety disorders and accelerate the application of basic scientific knowledge about fear and anxiety to improve treatments for these disorders.

THE UCLA CENTER FOR HISTORY, CULTURE, AND NEUROSCIENCE encourages scholarship in the cultural and historical aspects of the neurosciences. The Center is closely affiliated with the Neuroscience History Archives (NHA) and its work in advancing and diffusing knowledge about the history of neuroscience. For more information on the NHA, visit their Web site at www.neurosciencearchives.org.

THE UCLA GRADUATE DIVISION serves as the campus-wide advocate for the advancement of graduate education and strives for standards of excellence, fairness, and equity in all graduate programs.

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DATE/TIME/LOCATION:

Friday, December 13, 8 am-6 pm, with reception following; Saturday, December 14, 8:30 am-6:00 pm, Sunday, December 15, 8:30 am-2:15 pm

UCLA: Northwest Campus Auditorium, at Sunset Village CEU Noncredit Program Psychology 885.3 2.1 CEU (21 hours of instruction) Limited enrollment. Early enrollment advised.

FEES:

Three-Day Symposium (Friday, Saturday, and Sunday)

\$395 **R**eg# N7543M (General Admission)

\$400 **R**eg# N7717M (MFT/LCSW credit)

\$400 **R**eg# N7718M (Nursing credit)

\$405 **R**eg# N7719M (MCEP credit has been submitted)

\$420 **R**eg# N7721M (CME credit)*

\$275 **R**eg# N7720M (Full-time UCLA students with ID)

All fees above include continental breakfast and lunch.

\$20 **R**eg# N7769M

Thursday evening address at Royce Hall: Rudolph Giuliani (This special reduced rate is only for those who enroll in the conference)

Note: Rudolph Giuliani's Thursday evening talk is open to the public. For tickets, pricing, and further information, call UCLA Central Ticket Office at (310) 825-2101; Web site: www.tickets.ucla.edu.

* Category I Continuing Medical Education (CME): This is an activity offered by UCLA Neuropsychiatric Institute and Hospital, a CMA-accredited provider. Physicians and psychologists in attendance may report up to 21 hours of Category I credits towards the California Medical Association's Certificate in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.

GENERAL INFORMATION

You may enroll at the door if space permits (payment by checks and credit cards only). Visitors are not permitted.

REFUNDS

A service charge of \$30 is withheld from all refunds (full refund if course is canceled, discontinued, or rescheduled). Request for refund must be postmarked or phoned in by November 27, 2002.

TAX CREDIT

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PARKING

Parking on the UCLA campus without permit is \$7 per entry. There will be attendants at designated gates to collect the parking fee. For detailed information call (310) 825-9971 or (818) 784-7006.

ENROLLMENT

By Mail

Use attached form. For additional enrollments, use photocopy or separate sheet giving all information requested on form.

By Phone

Use MasterCard, VISA, Discover, or American Express. Call (310) 825-9971 or (818) 784-7006.

By Fax

Send completed enrollment form (both sides including mailing label) with credit card information and authorizing signature to (310) 206-3223.

Via Internet

Point your Web browser to uclaextension.org for full information about enrolling in our courses. Complete the online enrollment form for secure registration.

FURTHER INFORMATION

For further information contact UCLA Extension, Humanities, Sciences and Social Sciences, 10995 Le Conte Ave., Room 731, Los Angeles, CA 90024-2883, (310) 825-2301; or the Foundation for Psychocultural

Research at **(310) 454-9099** or on the Web at **www.ptsdconference.org**

or www.thefpr.org.

Enrollment information will be shared with the Foundation for Psychocultural Research.

CME Accreditation sponsored by UCLA Neuropsychiatric Institute:

For CME inquiries, please contact: The Office of Professional and Community Education UCLA Neuropsychiatric Institute 760 Westwood Plaza, Room 37-462 Los Angeles, CA 90024

Enrollment Form (Please Print)

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Fall 2002

Please fill in correct Reg# and Fee and all other information requested below.

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